



GUERNSEY YACHT CLUB
SPiRiT YACHTS REGATTA
15th JUNE – 21ST JUNE 2024

SAILING INSTRUCTIONS

ORGANISING AUTHORITY: Guernsey Yacht Club LBG

REGATTA HEADQUARTERS: Guernsey Yacht Club LBG, Castle Emplacement, St. Peter Port, Guernsey GY1 1AU / www.gyc.org.gg

REGATTA ADMINISTRATION:

Spirit 2024 Regatta Office c/o Helen Porter, Spirit Yachts Holdings Ltd, New Cut East, Ipswich Haven Marina, Ipswich, Suffolk IP3 0EA UK

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The notation '[NP]' in a rule of the Sailing Instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 Rules

- 1.1 The regatta will be governed by the Rules as defined in "The Racing Rules of Sailing" (RRS).
- 1.2 Appendix WP of the Racing Rules of Sailing – Addendum B
- 1.3 World Sailing's Offshore Special Regulations Category 4, except as changed by the Notice of Race.
- 1.4 A boat shall not receive information (other than that publicly available to all) which might help her in the regatta. In the case of weather information, a boat may receive information from outside the boat for which it has paid a fee provided that the information it receives is available to all boats on the same terms and that such information is not specifically tailored to the situation of the boat receiving it. This changes RRS 41.
- 1.5 Within 0.75NM of the St. Peter Port Harbour entrance sailing vessels must not impede the passage of commercial shipping entering or leaving the harbour. Yachts must keep well clear, particularly of larger vessels in this area. [NP]
- 1.6 The RC or Protest Committee may protest a boat at any time during the regatta for a breach of the International Regulations for Preventing Collisions at Sea (IRPCAS) or the Harbour regulations based on a report from any source. This changes RRS 60.2(a) and 60.3(a).
- 1.7 In the event of a conflict with the Notice of Race, the Sailing Instructions shall prevail.
- 1.8 RRS 52, Manual Power, shall not apply.
- 1.9 One race out of the series must be completed with a female helm who must helm from before the preparatory signal until after the finish. Race to be selected by the

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yacht's regular helm and crew and the race committee should be notified before the preparatory signal for the selected race.

2 Changes to Sailing Instructions

Any change to the sailing instructions will be posted at least one hour before the first warning signal on the day it will take effect, except that any changes to the schedule of races (excluding decisions to amalgamate Class 1 & 2 Starts) will be posted by 2000hrs on the day before it will take effect.

3 Communications with competitors

3.1 Notices to competitors will be posted on the Official Notice Board (ONB) located on the Race Committee WhatsApp Group

3.2 The race office is located in the marquee at the Guernsey Yacht Club.

3.3 There will be a daily briefing in the regatta marquee at 900hrs on Sunday and Monday, and 0830hrs on Friday. The briefing for the Round Guernsey race on Tuesday 18th June will take place in the regatta marquee at 1800hrs on Monday 17th June. The briefing for the Round Sark and Herm race on Thursday 20th June will take place in the regatta marquee at 1800hrs on Wednesday 19th June.

3.4 On the water, the race committee intends to monitor and communicate with competitors on VHF Channel 37A(M1). If the race committee displays a pink flag the alternative VHF Channel 72 will be used.

3.5 The VHF call sign for the Race Committee will be "Spirit One".

3.6 While racing, except in an emergency, a boat shall neither make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

3.7 Two WhatsApp groups will be used to assist competitors to stay informed of RC intentions, notices, results, protest details and other information during the regatta. The mobile numbers provided on the entry form will be added to the groups. One group will be used for Race Committee postings only (Spirit Regatta ONB). The other will be for competitors to communicate with the Race Committee. (Spirit Regatta Competitors)

4 Code of conduct

4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

4.2 Competitors and support persons shall place advertising provided by the organising authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5 Signals made ashore

5.1 Signals made ashore will be displayed on the Guernsey Yacht Club main flag staff.

5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP'.

6 Schedule of races

6.1 The schedule of races is shown in Notice of Race 9.

6.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound signal at least five minutes before a warning signal is made.

6.3 Classes may start together or separately. The plan for the first race of the day shall be announced at the daily competitors' briefing and repeated on VHF before the Orange Flag is displayed.

6.4 No warning signal will be made after 1430hrs on Friday 21st June.

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7 Class flags

The class flag for Class 1 is IC flag 1 and the class flag for Class 2 is IC flag 2. If classes are to start together, both class flags will be displayed. Each yacht shall display its class flag.

8 Racing Areas

8.1 Inshore racing will be in The Little Russell and the Great Bank.

8.2 The racing area for other races will be the waters around Guernsey, Sark, Herm and associated islands.

9 Courses

9.1 Courses may use fixed marks and/or inflatable marks.

9.2 Promptly after the display of the orange starting line flag, the race committee will announce the course, including the location of the finish line, on VHF and via WhatsApp, using the Mark List in Addendum A

9.3 Waypoints may be used – see Addendum B.

9.4 The proposed courses for the passage races (Round Guernsey and Round Sark & Herm) will be published by 2000 the day before the race and the actual course confirmed at least 30 minutes before the preparatory signal of the race.

9.5 Proof of Sailing the Course:

9.5.1 For waypoints, and if a mark is not seen, the race committee may require proof of sailing the course (See Addendum B – Offshore Course Design Using Waypoints) and may request the GPS track from the boat. This is best done by taking a photograph of the boat's chart-plotter showing the boat's track and position the correct side of the waypoint, including the time and the boat's latitude and longitude.

9.6 When the race committee is not satisfied that a boat has passed a mark or waypoint correctly it may protest her. The onus for satisfying the protest committee that the mark or waypoint was rounded correctly is on the boat.

10 Marks

10.1 Fixed marks are described in Addendum 1.

10.2 Inflatable marks may be used and will be described in the course announcement.

11 Obstructions [NP]

11.1 Whilst racing, boats shall not:

a) Pass between Castle Cornet and Oyster Rock

b) Sail west of a line between Oyster Rock and Castle Breakwater Lighthouse.

12 The Start

12.1 One of two starting lines shall be used: Committee Vessel starting line or Castle Cornet starting line:

12.1.1 Committee Vessel starting line:

a) The approximate position of the Committee Vessel will be advised at the morning briefing and confirmed by VHF at least 30 minutes before the start.

b) The Starting Line is between a staff displaying an orange flag on the Committee Vessel and the course side of an inflatable outer distance mark (ODM).

c) The colour and shape of the ODM will be announced before the Warning Signal.

d) The committee vessel could be at either end of the line.

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e) An inner limit mark may be laid and if laid has the same required side as the main committee vessel.

12.1.2 Castle Cornet starting line:

a) When IC Flag 'Second Substitute' is displayed ashore, the starting line will be an extension of a line through two posts, indicated by triangles, located on the south-east corner of Castle Cornet.

b) The inner limit distance mark will be a buoy positioned approximately 0.1NM from the shore (mark D).

c) The outer distance mark will be a laid buoy approximately on the extension of this line. Its colour and shape will be given over VHF before the Warning Signal.

d) The direction of the start will be given over VHF.

e) All starting signals will be displayed from the race officers' station situated on the SE corner of Castle Cornet.

f) The preparatory signal (signal 'P') will be a white disc displayed on a black background one minute after the warning signal. This changes RRS Race Signals.

12.2 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number on VHF. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed shall not be grounds for a request for redress. This changes RRS 62.1(a).

12.3 A boat that does not start within 10 minutes after her starting signal (extended to 30 minutes for the two passage races (Round Guernsey and Round Sark & Herm)) will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

13 Change of the next leg of the course

13.1 During races excluding the passage races, the race committee may use VHF to assist in communicating the change of the next leg of the course. Any changes in the colour of a new mark will be advised by the Race Committee using VHF. This adds to RRS 33.

13.2 During passage races the race committee may change the course or change the next mark or waypoint as appropriate at any rounding mark or waypoint. A committee vessel stationed near the mark or waypoint will display flags "C and D", make repetitive sound signals and announce the change of the course on VHF Channel 37. This adds to RRS 33.

14 The Finish

One of three finishing lines shall be used:

14.1 Committee Vessel finishing line

The finishing line shall be the same as the Committee Vessel starting line except that the committee vessel staff will be displaying a blue flag.

14.2 Mark Boat Finishing Line

The finishing line shall be between a staff displaying a blue flag on a Mark Boat and the nearest mark of the course.

14.3 Castle Cornet Finishing Line

The finishing line shall be an extension of a line through two posts, indicated by triangles, located on the southeast corner of Castle Cornet. The outer distance mark will be a buoy positioned approximately 0.1NM from the shore (mark D).

14.4 In addition to RRS 32, when the race committee believe that boats are unlikely to finish within the time limit, the race committee may display of S over N before the time limit and score boats in the order, corrected on handicap, that they passed

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through the last gate or mark at which the Race Committee are able to establish a finishing order. Such a line becomes the finishing line for those boats. However, no boat shall be scored better than any boat that completed the course before S over N has been displayed. This changes RRS 35 and RRS A5.

15 Penalty system

- 15.1 RRS 44.1 is changed so that for Part 2 rule infringements the penalty shall be a One-Turn Penalty.
- 15.2 Penalties for breaches of the rules, other than Parts 1 and 2, are at the discretion of the protest committee. This changes RRS 64.1(a).

16 Time limits and target times

16.1 The Race Time Limit and the Finishing Window are shown in the table below:

Type of Race	Target Time	Race time limit	Finishing window
Inshore 1 & 2	2 hours	2 hours 45 minutes	40 minutes*
Long inshore	3 hours	4 hours	1 hour*
Round Guernsey	5 hours	By 1800 hours	By 1800 hours
Round Sark & Herm	5 hours	By 1800 hours	By 1800 hours

* doubled if Class 1 and Class 2 start together

- 16.2 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place two more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.
- 16.3 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

17 Hearing requests

- 17.1 For each Class the protest time limit is ninety minutes after the time of the last boat to finish the race or when the Race Committee signals no more racing today, whichever is later. This will be extended if it takes more than 30 minutes for boats to get back to their berths after finishing racing.
- 17.2 Hearing request forms are available from the race office and online on the event web page.
- 17.3 Boats intending to protest are requested to notify the Race Committee by VHF or WhatsApp promptly on completion of or retirement from the race concerned, giving their sail number and the sail number of the boat being protested and await an acknowledgement. This adds to RRS 61.1(a).
- 17.4 Protests shall be lodged at the race office or by WhatsApp to Helen Porter (+44 (0) 7544 701715).
- 17.5 Notification of a protest by the Race Committee or the Protest Committee against a competitor will be posted on the Official Notice Board to inform boats under RRS 61.1(b).
- 17.6 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room at Guernsey Yacht Club, beginning at the time posted.

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18 Scoring

- 18.1 Scoring will be according to RRS Appendix A (the low point scoring system).
- 18.2 A boat's corrected time shall be rounded to the nearest second.
- 18.3 Two races are required to be completed to constitute a series.
- 18.4 When fewer than six races have been completed, a boat's series score is the total of her race scores.
- 18.5 When six races have been completed, a boat's series score shall be the total of her race scores excluding her worst score.

19 Safety regulations

- 19.1 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.
- 19.2 At the request of the race committee a boat shall provide progress reports by text message or WhatsApp to Peter Saxton +44 (0) 7860 959 666.
- 3.7.2 For the passage races, all vessels equipped with AIS should ensure that it is switched on and in transmit mode. [NP]

20 Replacement of crew or equipment

- 20.1 There is no restriction on replacing crew or equipment other than those in the IRC Class rules

21 Equipment and measurement checks

- 21.1 A boat or equipment may be inspected at any time for compliance with the IRC class rules, notice of race and sailing instructions.
- 21.2 The fact that race officials may conduct inspections of a boat does not reduce the responsibilities of each competitor set out in the notice of race and sailing instructions.

22 Supplied boats

Not used.

23 Official Vessels

- 23.1 The Committee Vessel will display a GYC pennant.
- 23.2 Official vessels will display a GYC pennant.
- 23.3 Boats shall keep clear of all Official Vessels [NP].

24 [DP] Support Boats

- 24.1 Team leaders, coaches and other support persons shall stay at least 100 metres outside areas where boats are racing and shall not communicate with any boat that is racing unless attending a boat in distress, requiring assistance, or as directed by the Race Committee.
- 24.2 Support boats should register at registration and provide a name, mobile number, and boat name.

25 Trash disposal

- 25.1 Trash shall be taken ashore for disposal using recycling bins where possible / relevant.

26 Berthing

- 26.1 See Notice of Race 18.

27 Haul-out restrictions

- 27.1 See Notice of Race 19.

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28 **Diving equipment and plastic pools**
28.1 See Notice of Race 20.

29 **Prizes**
29.1 See Notice of Race 24.

30 **Risk statement**
30.1 See Notice of Race 22.

31 **Insurance**
31.1 See Notice of Race 23.

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ADDENDUM A - DESCRIPTION OF MARKS & BUOYS

Positions for these marks are approximate

Mark	Name of Mark	Description	Lat o ' "	N ' "	Long W o ' "	W ' "
A	Anfre Beacon	Rock and Post	49	26.5	02	31.4
B	Brehon Buoy	Permanent Yellow Cylindrical Buoy	49	28.1	02	29.4
C	Bec du Nez	Extreme northern tip of Sark	49	27.2	02	22.1
D	Distance Mark	Permanent Yellow Cylindrical Buoy	49	27.12	02	31.32
E	Reffee Buoy	Navigation Buoy, South Cardinal	49	27.8	02	31.2
F	Les Dents Buoy	Race Buoy	49	25.4	02	23.7
G	L'Etac de Sark	Extreme Southern tip of Sark	49	24.1	02	22.0
H	Blanchard	Navigation Buoy, East Cardinal	49	25.4	02	17.3
J	St. Martins Buoy	NOT IN USE	N/A		N/A	
K	Gabrielle Buoy	Permanent Yellow Cylindrical Buoy	49	25.9	02	31.6
L	Lower Heads Buoy	Navigation Buoy, South Cardinal	49	25.9	02	28.5
M	Windward Mark	Inflatable Buoy	See S.I. 9.2 & 12			
N	Aiguillons Buoy	Permanent Yellow Cylindrical Buoy	49	27.32	02	28.96
O	Leeward Mark	Inflatable Buoy	See S.I. 9.2 & 12			
P	Port End Start Mark	Inflatable Buoy	See S.I. 9.2 & 12			
Q	Fourquies Buoy	Navigation Buoy, North Cardinal	49	27.3	02	26.4
R	Laid Buoy or Waypoint	Inflatable Buoy or Waypoint	49	26.7	02	29.2
S	Laid Buoy or Waypoint	NOT IN USE	N/A		N/A	
T	Terres Point	Permanent Yellow Cylindrical Buoy	49	26.7	02	31.5
U	Fixed Mark	Permanent Yellow Cylindrical Buoy	49	27.09	02	31.32
V	Vivian Buoy	Permanent Yellow Cylindrical Buoy	49	28.3	02	30.7
W	Laid Mark	Inflatable Buoy	49	25.7	02	30.8
X	Laid Mark	Inflatable Buoy	49	27.25	02	30.3
Y	Laid Mark	Inflatable Buoy	49	26.8	02	30.3
Z	Laid Mark	Inflatable Buoy	49	26.3	02	30.5
1	Laid Mark or Waypoint	Inflatable Buoy or Waypoint	49	31.8	02	25.1
2	Laid Mark or Waypoint	Inflatable Buoy or Waypoint	49	31.3	02	22.0
3	Laid Mark or Waypoint	Inflatable Buoy or Waypoint	49	27.8	02	22.1
4	Laid Mark or Waypoint	Inflatable Buoy or Waypoint	49	26.6	02	23.0

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ADDENDUM B

RRS APPENDIX WP RULES FOR RACING AROUND WAYPOINTS

WP1 CHANGES TO THE DEFINITIONS

WP1.1 The definition *Start* is changed to:

Start A boat starts when, having been entirely on the pre-start side of the starting line at or after her starting signal, and having complied with rule 30.1 if it applies, any part of her hull, crew or equipment crosses the starting line in the direction of the course.

WP1.2 Add new definition:

Waypoint A position, other than a mark, described by latitude and longitude coordinates that the course requires a boat to leave on a specified side.

WP2 Add new rule 18.5 in Part 2 of the RRS:

18.5 ROOM TO PASS A WAYPOINT

(a) Rule 18.5 applies between boats when they are required to leave a waypoint on the same side and at least one of them is approaching it.

However, when rule 20 applies, rule 18.5 does not.

(b) When overlapped boats are approaching a waypoint to pass it on the required side, the outside boat shall give the inside boat room to pass the waypoint, unless the outside boat has been unable to do so from the time the overlap began.

(c) If the inside boat has reasonable doubt that she has room to pass the waypoint, she may hail the outside boat accordingly. The outside boat shall then give the inside boat additional space unless she is unable to do so.

WP3 Rule 28 is changed to:

28 SAILING THE COURSE

28.1 A boat shall start, sail the course described in the sailing instructions and finish. While doing so, she may leave on either side a mark or waypoint that does not begin, bound, or end the leg she is sailing. After finishing she need not cross the finishing line completely.

28.2 A string representing a boat's track from the time she begins to approach the starting line from its pre-start side to start until she finishes shall, when drawn taut, pass each mark or waypoint on the required side and in the correct order,

(a) touch each rounding mark, touch a hypothetical object at each rounding waypoint, and

(b) pass between the marks or waypoints of a gate from the direction of the previous mark or waypoint.

She may correct any errors to comply with this rule, provided she has not finished.

28.3 The sailing instructions may specify criteria to determine whether a boat has rounded or passed a waypoint on the required side.

WP4 ELECTRONIC POSITION FIXING

When data from electronic position fixing systems is used to determine the position of a boat for the purpose of verifying compliance with the rules, precedence shall be given to data from the boat's primary navigation system.

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